

Activity sheet

Create a self-portrait



Kate Beynon

Discover Kate Beynon's self-portrait *With amulets and their shadows* (2017). The artist has painted herself surrounded by hanging personal symbols and objects inspired by the Mexican artist Frida Kahlo.

Each object symbolises a different meaning including, compassion, luck, life and death, identity and hope.

Create your own self-portrait

Grab some coloured pencils and a mirror to draw your own face.

Consider your pose and setting. Is it a close-up view of your face, or are you including part or all of your body? Will you include a setting that is familiar or imaginary?

Use your eyes, eyebrows and mouth to express your feelings and personality.

Learn how to draw the different proportions of your face by following four steps on the next page.

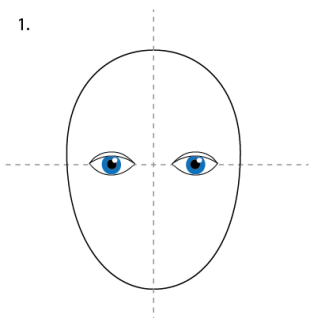
Decide what else you would like to include in your self-portrait to suggest who you are and how you see yourself. Think about your choice of clothes, accessories, and favourite things.



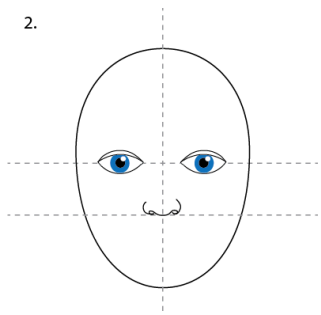
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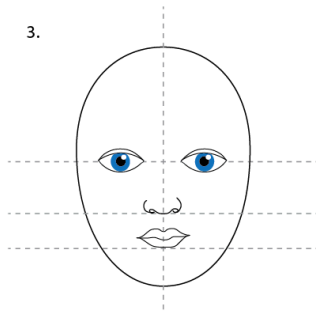
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2.



3.



4.

